

# Green and Growing Things

Here is little journal to take with you out into nature. It is a place to record your findings, draw flowers, insects, trees, or clouds. What do you notice?

What questions do you have?

Our appreciation of this beautiful earth grows when we observe the smallest of details of the natural world. Even the smallest of bugs are amazing.

Nature  
Journal

## Journal Prompts

- Find something that smells good perhaps a flower. What do you notice about its smell, shape, colour, do you know the name of it?
- Find a comfy spot on the grass and look up. What do you see? Are there clouds? What are the shapes of the clouds, their colour?
- Cloud come in all shapes and different colours this can help us create stories. What images do you see in the clouds? Can you draw the image? Can you start to tell a story or draw one in your journal?
- Do you see any birds? What is the colour of the bird, what kinds of noises do they make, and are they loud or quiet? How else can you describe their sounds?
- Find some trees in your neighborhood or a nearby park. How tall are they and what do their branches look like? Do they have a certain smell? Do you like the smell?
- Find a creature that crawls maybe a bug or a slug. What do you notice about it? What is their colour? Do you know the name of the creature? Do you know what it eats for food?

