

## CREATE A 'TAKE WHAT YOU NEED' POSTER

Brainstorm things that people might need to help them in life. This could be freedom, peace, laughter, positivity, truth, kindness, strength, healing... Using the poster provided, decide on the words that you would like to share with others and write them on the tags at the bottom of the poster. You could put the poster somewhere in your neighborhood, on a community bulletin board or somewhere you think people are in need.

