

ACT

Act Justly, serve with compassion – some would say, being the hands and feet of Christ and serving the world is their spiritual practice. That could be serving food to those who go hungry, teaching someone to speak and read English, listening and to the stories of oppressed and marginalized people, being an advocate, having tea with a neighbour, walking the talk in rallies and protests, writing letters of protest to leaders in power, changing the way you consumer – the list is long!

